

# SOURCES OF COMMUNITY ASSISTANCE

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## **SERVICES**

### **Job Service of North Dakota 795-3700**

1501 28th Avenue South

Employment services

### **Mountainbrooke Recovery Center 746-4530**

112 North 3rd Street

Offers support and social activities for adults with mental illness, Peer Support Program.

### **Northlands Rescue Mission 772-6609**

420 Division Avenue

Housing, support, and referrals to services in the community.

### **Options-Support for Persons with Disabilities 773-6100**

318 3rd Street NW

East Grand Forks, Minnesota

### **Protection and Advocacy Project 795-3800**

311 South 4th Street Suite 112

Rights protection for persons with a disability.

### **Social Security Administration 772-5518**

402 Demers Avenue

## **EDUCATION**

### **Adult Learning Center 795-2774**

500 Stanford Road

GED instruction and testing, assistance in studying for Driver License Exam, refresher classes and basic skills.

### **LaGrave Learning Center 795-6300**

824 4th Ave South

### **Kvasager Learning Center 775-2873**

1802 Continental Drive

## **HOUSING & SHELTER**

### **CVIC (Community Violence Intervention Center)**

**746-0405**

### **24-hour Crisis Line 746-8900**

211 South 4th Street

Shelter for individuals and families leaving domestic violence.

### **Grand Forks Housing Authority 746-2545**

1405 1st Avenue North

Housing Assistance Programs

### **Northlands Rescue Mission 772-6609**

420 Division Avenue

Shelter for adult men and women (single or married). No children.

### **Prairie Harvest Mental Health 795-9143**

930 North 3rd Street

Permanent housing, residential and employment support for adults with serious mental illness.

By referral from Northeast Human Service Center ONLY.

### **Red River Valley Community Action 746-5431**

1013 North 5th Street

Shelter for homeless women and children.

Permanent Supportive Housing Tri-Plex.

### **St Joseph's Transitional Housing 795-8614**

### **Valley Memorial Assisted Living 787-7563**

## **HEALTH**

### **Altru Community Cares Program 780-6349**

1300 South Columbia Road

Providing primary care services for patients with no insurance

### **Altru Patient Assistance Program 780-6116**

1300 South Columbia Road

Prescription assistance.

### **Grand Forks County Social Services 787-8535**

151 South 4th Street Suite 201

### **Grand Forks Public Health Department 787-8100**

151 South 4th Street Suite N301

### **St. Joseph's Social Cares and Thrift Store 795-8614**

620 8th Avenue South

Prescription assistance

### **The Salvation Army 775-2597**

1600 University Avenue

Monday-Friday 9 am—3 pm

Prescription assistance.

### **Third Street Clinic 772-1263**

311 South 4th Street Suite 117

Monday-Friday 9am-4pm

Access to healthcare services for low income residents of Grand Forks and Polk Counties.

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## **HEALTH (cont.)**

### **Valley Community Health Centers**

321 Towner Avenue, Larimore, ND **343-6418**  
104 North Park Street, Northwood, ND **587-6000**  
Medical care on a sliding fee scale.

### **Valley Community Health Center Dental Clinic**

212 South 4th Street Suite 101 **757-2100**  
Dental care on a sliding fee scale

### **Valley Health 775-4251**

1551 28th Ave South  
Confidential reproductive health services for men and women regardless of income or age.

## **CHILDREN**

### **Community Violence Intervention Center 746-0405**

211 South 4th Street  
Individual and group counseling for youth and teens.

### **EGF Head Start Family Service Center 773-8452**

**Toll Free 1-888-773-8486**  
1825 Central Avenue NW  
East Grand Forks, Minnesota  
Head Start and Child Care

### **MSU Early Head Start- Grand Forks 777- 8153**

920 Northwestern Drive Grand Forks  
Early childhood education services for expectant families and children 0-3 years of age.

### **Grand Forks County Social Service Center 787-8535**

151 South 4th Street Suite 201  
Please call for information.

### **Lutheran Social Services of North Dakota 772-7577**

DIVERT—provides free, supportive services for youth and families. Tracking, Intensive in-home services, Day Report (afterschool), and pregnancy counseling.

## **CLOTHING**

### **Home Place Thrift Store 795-9704**

1811 South Washington  
Monday-Friday 9 am—5 pm  
Saturday 10 am—5 pm  
Vouchers honored on Thursdays only

### **St. Joseph's Social Cares and Thrift Store 795-8614**

620 8th Avenue South  
Monday-Thursday 10 am—5 pm

## **COUNSELING AND CRISIS**

### **Community Violence Intervention Center 746-0405**

**24-hour Crisis Line 746-8900**  
211 South 4th Street

### **The Village Family Service Center 746-4584**

1726 South Washington Street Suite 33A

### **Women's Way 1-800-449-6636**

151 South 4th Street Suite N301  
Breast and cervical cancer screenings for eligible women.

### **North Dakota Association for the Disabled 775-5577**

**Toll Free 1-800-532-6323** 2660 South Columbia Road  
Medication, medical equipment, medical travel, personal care attendants, Dial-A-Ride assistance, advocacy and referral.

### **Northeast Human Service Center 795-3000**

**24 hour Crisis Line 775-0525**  
151 South 4th Street Suite 401

### **Polk County Social Services 773-2431**

1424 Central Avenue NW  
East Grand Forks, Minnesota

### **Women, Infants and Children (WIC) 775-3667**

1551 28th Avenue South

### **The Village Family Service Center 746-4584**

1726 South Washington Street Suite 33A  
Financial resource center, Intensive in-home family therapy, Family Group Decision Making.

### **Healthy Families 746-2064**

412 DeMers Avenue  
Free voluntary support to ease transition to parenthood.

### **Salvation Army Smart Shop 775-7255**

3401 South 31st Street  
(Behind C'Mon Inn)  
Monday-Saturday 9:30 am—6 pm  
Vouchers for clothing, furniture and household items may be obtained at 1600 University Avenue 9am– 2pm

### **Rescued Treasures-Northlands Rescue Mission 772-6609**

Hours vary. Please call ahead.

### **Northeast Human Service Center 795-3000**

**24 hour Crisis Line 775-0525**  
151 South 4th Street Suite 401

# SOURCES OF COMMUNITY ASSISTANCE

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## **EMERGENCY**

### **Red River Valley Community Action 746-5431**

1013 North 5th Street

Rent deposits, energy share and homeless shelter for women and children.

### **The Salvation Army 775-2597**

1600 University Avenue

Monday-Friday 9 am—3 pm

Rent evictions, utility disconnections, travel and medical assistance, rent deposits, food pantry and daily baked food items, vouchers for clothing and household items.

### **St. Joseph's Social Cares and Thrift Store 795-8614**

620 8th Avenue South

Rent evictions, utility disconnections, vouchers for clothing and household items.

### **Tri-Valley Opportunity Council 773-8452**

**Toll Free 1-888-773-8486**

1825 Central Avenue NW

East Grand Forks, Minnesota

Access to emergency services

## **TRANSPORTATION**

### **Red River Valley Community Action 746-5431**

1013 North 5th Street

Bus tickets

### **The Salvation Army 775-2597**

1600 University Avenue

Bus tickets and gas vouchers for emergencies only.

### **St. Joseph's Social Cares and Thrift Store 795-8614**

620 8th Avenue South

Bus tickets, medical travel.

## **FOOD**

### **East Grand Forks Food Shelf 773-8083**

1715 3rd Avenue NW

East Grand Forks, Minnesota

Monday and Friday 10 am—2 pm

Wednesday 10 am—5 pm

### **Northlands Rescue Mission 772-6609**

Please contact kitchen manager for details.

### **The Salvation Army 775-2597**

1600 University Avenue

Monday-Friday 9 am—2:30 pm

### **St. Joseph's Social Cares and Thrift Store 795-8614**

620 8th Avenue South

Monday/Tuesday/Thursday 2 pm—4 pm

Wednesday 5 pm—7 pm

## **SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM**

### **Grand Forks County Social Services 787-8535**

151 South 4th Street Suite 201

## **HOT MEALS**

### **Northlands Rescue Mission 772-6609**

420 Division Avenue

Meals served daily at 7 am, 12 noon, 5 pm

## **COMMODITIES**

### **Food Commodities Program 746-5431**

Persons 60 years of age and older or those with disabilities.

## **VETERANS AND MILITARY PERSONNEL**

### **Grand Forks County Veterans Service Office**

151 South 4th Street

6th Floor County Office Building

701-787-8296

### **Grand Forks VA Community Based Outpatient Clinic**

3221 32nd Ave South, Suite 700

701-335-4380

# SOURCES OF COMMUNITY ASSISTANCE

## Drop In Childcare Center Options

### Grand Forks

#### Little Keepers

2520 S Washington St Grand Forks, ND 58201

(701) 738-8129

keepersdropin@gmail.com

Mon - Thu:                      Fri - Sat:  
8:30 am - 9:00 pm      8:30 am - 11:00 pm

Our rates:

1 child: \$6.00/hour

2 children: \$8.50/hour

3 children: \$10.00/ hour

4 children: \$11.50/hour

(We round to the nearest quarter hour)

#### Lil Riverwalk Drop In Child Care (East Grand Forks)

211 Demers Ave

East Grand Forks, MN 56721

(218) 399-0102

Safe Environment, Childrens' Theater, Certified Staff, Ages 12 Months - 12 Years, 3 1/2 Hr

Maximun Stay, 1 Hr Minimum Stay

#### Stay Play Learn

218-399-1010

714 6th St SE | East Grand Forks, MN 56721

[stayplaylearn@outlook.com](mailto:stayplaylearn@outlook.com)

OPEN: Monday - Friday 6:30 am to 6:00 pm

With an extended program from 6:00pm-7:00 pm.

Parent's Night Out - 7:00pm - 10pm – TBA (Additional Fees Apply)

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## Drop In Childcare Center Options

### Fargo

#### Club Kids Drop in Childcare

1650 45th St South, Suite 117, Fargo, North Dakota 58103 (701) 478-9229  
clubkidsfargo@gmail.com

Mon - Thu:	Fri:	Sat:
7:00 am - 9:00 pm	7:00 am - 10:00 pm	9:00 am - 10:00 pm

#### Infants

1-20 hrs wk = \$6.75/hr  
21-30 hrs wk = \$6.00/hr  
31+ hrs wk = \$5.00/hr

#### 18 months to 12 years

1-20 hrs wk = \$5.75/hr  
21-30 hrs wk = \$5.00/hr  
31+ hrs wk = \$4.00/hr

\$3.00/hr for each additional child within the same family.  
10 hour maximum play time per day

#### Kids Kingdom Drop-In Child Care

(701) 237-0380  
[Kidskingdomfargo@hotmail.com](mailto:Kidskingdomfargo@hotmail.com)  
<http://www.kidskingdomfargo.com/>  
1336 25th Ave. S.  
Fargo, ND 58103

Kids Kingdom regular hrs 8:30am -9pm M-Th, 8:30am - 10pm Fri & Sat.  
Summer hours 8:30am - 10pm Mon-Sat.  
Come Play @ our Place! No Appointments needed.

#### Tons of Fun drop-in childcare

4101 13th Ave S  
Fargo, North Dakota  
(701) 277-8324

#### Rates:

Infants (under 18 months) \$6.00 per hour for one child  
18 months - 10 years \$5.00 per hour for one child

\*\*\$2.00 per hour for each additional child from the same family

<http://www.tonsoffunfargo.com/Home.html>

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## Drop In Childcare Center Options

### Bismarck

#### Super Kids Jr. Academy

<http://www.skjra.com/contactus.html>

1227 Park Ave.-Bismarck, ND

Super Kids Hours are from 6:30 am until 6:00 Monday through Friday.

Available for Drop in's from Infants to 12 years of age.

### Dickinson

#### Dickinson Drop-In Playcare

25 4th Ave E, Dickinson, North Dakota 58601

(701) 225-6187

dickinsondropin@gmail.com

Mon - Fri:

8:00 am - 5:30 pm

### Williston

#### Cozy Corner Drop-In Child Care Center

23 Main St, Williston, North Dakota 58801

(701) 572-5437

cozykidswilliston@gmail.com

Mon - Thu:

Fri - Sat:

8:00 am - 8:00 pm

8:00 am - 10:00 pm

### Minot

#### ABC Child Care Center

1105 16th St NW Minot, ND 58703

(701) 852-6352

#### Creative Beginnings Day Care

601 18th Ave SE #1 Minot, ND 58701

(701) 852-3500

### Grafton

#### Teddy Bear Child Care & Preschool

701 W 6th St, Grafton, ND 58237

(701) 352-3578